



From the Stations of the Cross in Lodwar Cathedral, Kenya

**Good Friday Prayers
April 7, 2023**

THE STATIONS OF THE CROSS- 6:00 pm

Opening Devotion

The congregation's responses are in bold type.

In the Name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Lord, have mercy. **Christ, have mercy.** Lord, have mercy.

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

We will glory in the cross of our Lord Jesus Christ:

In whom is our salvation, our life, and resurrection.

Let us pray. (Silence) ***Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord. Amen.***

The First Station: Jesus is Condemned to Death

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

As soon as it was morning, the chief priests, with the elders and scribes, and the whole council, held a consultation; and they bound Jesus and led him away and delivered him to Pilate. And they all condemned him and said, "He deserves to die." When Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called "The Pavement," but in the Hebrew, Gabbatha. Then he handed Jesus over to be crucified.

God did not spare his own son: ***But delivered him up for us all.***

Let us Pray. (Silence) ***Almighty God, whose most dear Son went not up to joy but first he suffered pain and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord. Amen.***

Holy God, Holy and Mighty, Holy Immortal One: ***Have mercy upon us.***

The Second Station: Jesus Takes up His Cross

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

Jesus went out, bearing his own cross, to the place called the “Place of a Skull,” which is called in Hebrew, Golgotha. Although he was a Son, he learned obedience through what he suffered. Like a lamb he was led to the slaughter; and like a sheep that before its shearers is mute, so he opened not his mouth. Worthy is the Lamb who was slain, to receive power and riches and wisdom and strength and honor and glory and blessing.

The Lord has laid on him the iniquity of us all:
For the transgression of my people was he stricken.

Let us Pray. (Silence) ***Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow him; who lives and reigns for ever and ever. Amen.***

Holy God, Holy and Mighty, Holy Immortal One: ***Have mercy upon us.***

**The Third Station:
Jesus Falls the First Time**

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

Christ Jesus, though he was in the form of God, did not count equality with God a thing to be grasped; but emptied himself, taking the form of a servant, and was born in human likeness. And being found in human form, he humbled himself and became obedient unto death, even death on a cross. Therefore God has highly exalted him, and bestowed on him the name which is above every name. Come, let us bow down, and bend the knee, and kneel before the Lord our Maker, for he is the Lord our God.

Surely he has borne our griefs: ***And carried our sorrows.***

Let us Pray. (Silence) ***O God, you know us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant us such strength and protection as may support us in all dangers, and carry us through all temptations; through Jesus Christ our Lord. Amen.***

Holy God, Holy and Mighty, Holy Immortal One:
Have mercy upon us.

**The Fourth Station:
Jesus Meets His Afflicted Mother**

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

To what can I liken you, to what can I compare you, O daughter Jerusalem? What likeness can I use to comfort you, O virgin daughter of Zion? For vast as the sea is your ruin. Blessed are those

who mourn, for they shall be comforted. The Lord will be your everlasting light, and your days of mourning shall be ended.

A sword will pierce your own soul also: *And fill your heart with bitter pain.*

Let us Pray. (Silence) *O God, who willed that in the passion of your Son a sword of grief should pierce the soul of the Blessed Virgin Mary his mother: Mercifully grant that your Church, having shared with her in his passion, may be made worthy to share in the joys of his resurrection; who lives and reigns for ever and ever. Amen.*

Holy God, Holy and Mighty, Holy Immortal One: *Have mercy upon us.*

**The Fifth Station:
The Cross Is Laid on Simon the Cyrene**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

As they led Jesus away, they came upon a man of Cyrene, Simon by name, who was coming in from the country, and laid on him the cross to carry it behind Jesus. "If anyone would come after me, let him deny himself and take up his cross and follow me. Take my yoke upon you, and learn from me; for my yoke is easy, and my burden is light."

Whoever does not bear his own cross and come after me: *Cannot be my disciple.*

Let us Pray. (Silence) *Heavenly Father, whose blessed Son came not to be served but to serve: Bless all who, following in his steps, give themselves to the service of others; that with wisdom, patience, and courage, they may minister in his Name to the suffering, the friendless, and the needy; for the love of him who laid down his life for us, your Son our Savior Jesus Christ. Amen.*

Holy God, Holy and Mighty, Holy Immortal One: *Have mercy upon us.*

**The Sixth Station:
A Woman Wipes the Face of Jesus**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

We have seen him without beauty or majesty, with no looks to attract our eyes. He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces, he was despised, and we esteemed him not. His appearance was so marred, beyond human semblance, and his form beyond that of the children of men. But he was wounded for our transgressions, he was bruised for our iniquities; upon him was the chastisement that made us whole, and with his stripes we are healed.

Restore us, O Lord God of hosts:

Show the light of your countenance, and we shall be saved.

Let us Pray. (Silence) *O God, who before the passion of your only-begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord. Amen.*

Holy God, Holy and Mighty, Holy Immortal One: *Have mercy upon us.*

**The Seventh Station:
Jesus Falls a Second Time**

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

Surely he has borne our griefs and carried our sorrows. All we like sheep have gone astray; we have turned every one to his own way; and the Lord has laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he opened not his mouth. For the transgression of my people was he stricken.

But as for me, I am a worm and no man: *Scorned by all and despised by the people.*

Let us Pray. (Silence) *Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; who lives and reigns for ever and ever. Amen.*

Holy God, Holy and Mighty, Holy Immortal One: *Have mercy upon us.*

**The Eighth Station:
Jesus Meets the Women of Jerusalem**

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

There followed after Jesus a great multitude of the people, and among them were women who bewailed and lamented him. But Jesus turning to them said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children."

Those who sowed with tears: *Will reap with songs of joy.*

Let us Pray. (Silence) *Teach your Church, O Lord, to mourn the sins of which it is guilty, and to repent and forsake them; that, by your pardoning grace, the results of our iniquities may not be visited upon our children and our children's children; through Jesus Christ our Lord. Amen.*

Holy God, Holy and Mighty, Holy Immortal One: *Have mercy upon us.*

**The Ninth Station:
Jesus Falls a Third Time**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

I am the man who has seen affliction under the rod of his wrath; he has driven and brought me into darkness without any light. He has besieged me and enveloped me with bitterness and tribulation; he has made me dwell in darkness like the dead of long ago. Though I call and cry for help, he shuts out my prayer. He has made my teeth grind on gravel, and made me cower in ashes. "Remember, O Lord, my affliction and bitterness, the wormwood and the gall!"

He was led like a lamb to the slaughter:

And like a sheep that before its shearers is mute, so he opened not his mouth.

Let us Pray. (Silence) ***O God, by the passion of your blessed Son, you made an instrument of shameful death to be for us the means of life: Grant us so to glory in the cross of Christ, that we may gladly suffer shame and loss for the sake of your Son our Savior Jesus Christ. Amen.***

Holy God, Holy and Mighty, Holy Immortal One: ***Have mercy upon us.***

**The Tenth Station:
Jesus is Stripped of His Garments**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

When they came to a place called Golgotha (which means 'The Place Of a Skull'), they offered him wine to drink, mingled with gall; but when he tasted it, he would not drink it. And they divided his garments among them by casting lots. This was to fulfill the scripture, which says, "They divided my garments among them; they cast lots for my clothing."

They gave me gall to eat: ***And when I was thirsty they gave me vinegar to drink.***

Let us Pray. (Silence) ***Lord God, whose blessed Son our Savior gave his body to be whipped and his face to be spit upon: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed; through Jesus Christ our Lord. Amen.***

Holy God, Holy and Mighty, Holy Immortal One: ***Have mercy upon us.***

**The Eleventh Station:
Jesus is Nailed to the Cross**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

When they came to the place which is called 'The Skull,' there they crucified him; and with him they crucified two criminals, one on the right, the other on the left, and Jesus between them. And the scripture was fulfilled which says, "He was numbered with the transgressors."

They pierce my hands and my feet:

They stare and gloat over me.

Let us Pray. (Silence) ***Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. Amen.***

Holy God, Holy and Mighty, Holy Immortal One: ***Have mercy upon us.***

**The Twelfth Station:
Jesus Dies on the Cross**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, "Woman, behold your son!" Then he said to the disciple, "Behold your mother!" And when Jesus had received the vinegar, he said, "It is finished!" And then, crying with a loud voice, he said, "Father, into your hands I commend my spirit." And he bowed his head, and handed over his spirit.

Christ for us became obedient unto death: ***Even death on a cross.***

Let us Pray. (Silence) ***O God, who for our redemption gave your only-begotten Son to the death of the cross, and by his glorious resurrection delivered us from the power of our enemy: Grant us so to die daily to sin, that we may evermore live with him in the joy of his resurrection; who lives and reigns now and for ever. Amen.***

Holy God, Holy and Mighty, Holy Immortal One: ***Have mercy upon us.***

**The Thirteenth Station:
The Body of Jesus Is Placed in the Arms of His Mother**

We adore you, O Christ, and we bless you:

Because by your holy cross you have redeemed the world.

All you who pass by, behold and see if there is any sorry like my sorrow. My eyes are spent with weeping; my soul is in tumult; my heart is poured out in grief because of the downfall of my people. "Do not call me Naomi (which means 'Pleasant'), call me Mara (which means 'Bitter'); for the Almighty has dealt very bitterly with me.

Her tears run down her cheeks: ***And she has none to comfort her.***

Let us Pray. (Silence) *Lord Jesus Christ, by your death you took away the sting of death: Grant to us your servants so to follow in faith where you have led the way, that we may at length fall asleep peacefully in you and wake up in your likeness; for your tender mercies' sake. Amen.*

Holy God, Holy and Mighty, Holy Immortal One: *Have mercy upon us.*

**The Fourteenth Station:
Jesus Is Laid in the Tomb**

We adore you, O Christ, and we bless you:
Because by your holy cross you have redeemed the world.

When it was evening, there came a rich man from Arimathea, named Joseph, who also was a disciple of Jesus. He went to Pilate and asked for the body of Jesus. Then Pilate ordered it to be given to him. And Joseph took the body, and wrapped it in a clean linen shroud, and laid it in his own new tomb, which he had hewn in the rock; and he rolled a great stone to the door of the tomb.

You will not abandon me to the grave:
Nor let your holy One see corruption.

Let us Pray. (Silence) *O God, your blessed Son was laid in a tomb in a garden, and rested on the Sabbath day: Grant that we who have been buried with him in the waters of baptism may find our perfect rest in his eternal and glorious kingdom; where he lives and reigns for ever and ever. Amen.*

Holy God, Holy and Mighty, Holy Immortal One: *Have mercy upon us.*

Concluding Prayer

Savior of the world, by your cross and precious blood you have redeemed us:
Save us, and help us, we humbly beseech you, O Lord.

Let us pray. (Silence) **We thank you, O God, that you have delivered us from the dominion of sin and death and brought us into the kingdom of your Son; and we pray that, as by his death he has recalled us to life, so by his love he may raise us to eternal joys; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.**

To Christ our Lord who loves us, cleansed us from all sin, and made us a kingdom of priests to serve his God and Father, to him be glory and dominion for ever and ever. *Amen.*

GOOD FRIDAY LITURGY

The beginning of today's prayers offers all a chance for quiet reflection, so the service will begin with silence.

The priest enters silently and reverences The Cross of Christ

OPENING HYMN- *Ah Holy Jesus, How Have I Offended-* Hymnal 158

Isaiah 52:13-53:12

Michael Proscia

See, my servant shall prosper; he shall be exalted and lifted up, and shall be very high.

Just as there were many who were astonished at him so marred was his appearance, beyond human semblance, and his form beyond that of mortals--so he shall startle many nations; kings shall shut their mouths because of him; for that which had not been told them they shall see, and that which they had not heard they shall contemplate.

Who has believed what we have heard? And to whom has the arm of the LORD been revealed? For he grew up before him like a young plant, and like a root out of dry ground; he had no form or majesty that we should look at him, nothing in his appearance that we should desire him. He was despised and rejected by others; a man of suffering and acquainted with infirmity; and as one from whom others hide their faces he was despised, and we held him of no account.

Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. All we like sheep have gone astray; we have all turned to our own way, and the LORD has laid on him the iniquity of us all.

He was oppressed, and he was afflicted, yet he did not open his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth. By a perversion of justice he was taken away. Who could have imagined his future? For he was cut off from the land of the living, stricken for the transgression of my people. They made his grave with the wicked and his tomb with the rich, although he had done no violence, and there was no deceit in his mouth.

Yet it was the will of the LORD to crush him with pain. When you make his life an offering for sin, he shall see his offspring, and shall prolong his days; through him the will of the LORD shall prosper. Out of his anguish he shall see light; he shall find satisfaction through his knowledge. The righteous one, my servant, shall make many righteous, and he shall bear their iniquities. Therefore I will allot him a portion with the great, and he shall divide the spoil with the strong; because he poured out himself to death, and was numbered with the transgressors; yet he bore the sin of many, and made intercession for the transgressors.

Hebrews 4:14-16; 5:7-9

Carol Nabeel

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to

sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need. In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him.

The Passion of our Lord Jesus Christ according to John. John 19:1-37

Silence.

THE SOLEMN COLLECTS

All standing or kneeling, as able, the Priest says to the people:

Dear People of God: Our heavenly Father sent his Son into the world, not to condemn the world, but that the world through him might be saved; that all who believe in him might be delivered from the power of sin and death, and become heirs with him of everlasting life.

We pray, therefore, for people everywhere according to their needs. Let us pray for the holy Catholic Church of Christ throughout the world; For its unity in witness and service For all bishops and other ministers and the people whom they serve For Rob, our Bishop, and all the people of this diocese: For all Christians in this community that God will confirm his Church in faith, increase it in love, and preserve it in peace.

Silence

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

Let us pray for all nations and peoples of the earth, and for those in authority among them;

For Joseph the President of the United States
For the Congress and the Supreme Court
For the Members and Representatives of the United Nations
For our Governor, Brian
For our Mayor, Bianca
For all who serve the common good

That by God's help they may seek justice and truth, and live in peace and concord.

Silence

Almighty God, kindle, we pray, in every heart the true love of peace, and guide with your wisdom those who take counsel for the nations of the earth; that in tranquility your dominion may increase, until the earth is filled with the knowledge of your love; through Jesus Christ our Lord. *Amen.*

Let us pray for all who suffer and are afflicted in body or in mind;

For the hungry and the homeless, the destitute and the oppressed

For the sick, the wounded, and the crippled
For those in loneliness, fear, and anguish
For those who face temptation, doubt, and despair
For the sorrowful and bereaved

For prisoners and captives, and those in mortal danger
That God in his mercy will comfort and relieve them, and grant them the knowledge of his love,
and stir up in us the will and patience to minister to their needs.

Silence

Gracious God, the comfort of all who sorrow, the strength of all who suffer: Let the cry of those
in misery and need come to you, that they may find your mercy present with them in all their
afflictions; and give us, we pray, the strength to serve them for the sake of him who suffered for
us, your Son Jesus Christ our Lord. *Amen.*

Let us pray for all who have not received the Gospel of Christ;

For those who have never heard the word of salvation
For those who have lost their faith
For those hardened by sin or indifference
For the contemptuous and the scornful
For those who are enemies of the cross of Christ and persecutors of his disciples
For those who in the name of Christ have persecuted others

That God will open their hearts to the truth, and lead them to faith and obedience.

Silence

Merciful God, creator of all the peoples of the earth and lover of souls: Have compassion on all
who do not know you as you are revealed in your Son Jesus Christ; let your Gospel be preached
with grace and power to those who have not heard it; turn the hearts of those who resist it; and
bring home to your fold those who have gone astray; that there may be one flock under one
shepherd, Jesus Christ our Lord. *Amen.*

Let us commit ourselves to God, and pray for the grace of a holy life, that, with all who have
departed this world and have died in the peace of Christ, and those whose faith is known to God
alone, we may be accounted worthy to enter into the fullness of the joy of our Lord, and receive
the crown of life in the day of resurrection.

Silence

O God of unchangeable power and eternal light: Look favorably on your whole Church, that
wonderful and sacred mystery; by the effectual working of your providence, carry out in
tranquility the plan of salvation; let the whole world see and know that things which were cast
down are being raised up, and things which had grown old are being made new, and that all
things are being brought to their perfection by him through whom all things were made, your
Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one
God, for ever and ever. *Amen.*

THE LORD'S PRAYER

As our Savior Christ has taught us, we now pray,

People and Priest

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

COMMUNION HYMN- *O Sacred Head, Sore Wounded*- Hymnal 169

THE COMMUNION

The congregation receives the Reserved Sacrament in one kind.

FINAL PRAYER

The service concludes with the following prayer. No blessing or dismissal is added.

Congregation and Officiant: Lord Jesus Christ, Son of the living God, we pray you to set your passion, cross, and death between your judgment and our souls, now and in the hour of our death. Give mercy and grace to the living; pardon and rest to the dead; to your holy Church peace and concord; and to us sinners everlasting life and glory; for with the Father and the Holy Spirit you live and reign, one God, now and for ever. Amen.

Please depart in silence

Good Friday April 7, 2023

Organist: Toku Kawata

Readers: Michael Proscia and Carol Nebel

Verger: Val Valverde

Priest in Charge: The Rev. Tim Black

EASTER SUNDAY SCHEDULE

7:00 AM Vigil

10:00 Festive Easter Eucharist

11:30 Easter Brunch